



**Free 2018-2019 School Year Athletic Pre-Participation Screening Exams
Offered for New Hanover County Middle and High School Athletes and Cheerleaders**

PARENTS, NOTE THESE DATES!

Each year, all North Carolina students who plan to participate in athletics or cheerleading must undergo a state-mandated screening examination. Physicians in New Hanover-Pender County Medical Society, in concert with New Hanover County Health Department and the school systems, have, for many years, offered free screenings for New Hanover County athletes and cheerleaders at designated times. Exams for the **Boys** will be on **Thursday, May 31, 2018**. **Girls'** exams will be on **Thursday, June 07, 2018**. Exams are at the Health Department, 2029 South 17th Street. *These are the only free screening dates/times for 2018-2019 school sports:*

Boys:	6:00 PM	Thursday May 31	Girls:	6:00 PM	Thursday June 07
Ashley HS		Myrtle Grove MS	Ashley HS		Myrtle Grove MS
D. C. Virgo MS		New Hanover HS	D. C. Virgo MS		New Hanover HS
Hoggard HS		Noble MS	Hoggard HS		Noble MS
Holly Shelter MS		Private Schools	Holly Shelter MS		Private Schools
Laney HS		Roland Grise MS	Laney HS		Roland Grise MS
Murray MS		Trask MS	Murray MS		Trask MS
		Williston MS			Williston MS

Note: Boys may not be screened on girls' night or girls on boys' night.

The waiting area for students is the Health Department's parking lot facing 17th street in front of the Health Department Clinic building. After lining up at the entrance, students will be seen on a first come, first served basis (begun in 2017), instead of by school groups. There is no need to arrive more than 15 minutes early. Before beginning an examination, physicians are required to see the two-page medical history, emergency information, and parental permission forms which are available in the schools and at the Board of Education. These forms must be completed and signed by a parent or guardian before the exam is begun. Forms may also be downloaded at www.nhcs.k12.nc.us (Go to Parents > Athletics > Athletic Pre-Participation Form). Rising ninth graders should list the high school that they will attend in the fall.

If there are questions, contact the student's school, the Medical Society's Executive Director, Bonnie Brown ([910-790-5800](tel:910-790-5800)); E-mail: MedicalSociety@NHPCMS.org, or the NHC Schools Lead Athletic Trainer, Matthew Triche ([910-251-6100 x 270](tel:910-251-6100)); E-mail: matthew.triche@nhcs.net). Please note that it is inappropriate to call the Health Department for information or to request copies of exam forms. (Completed forms are housed at the school that the athlete attends.) * * One may make a digital copy of his/her own form with a personal device at checkout, however. This became an additional benefit in 2017.

The Medical Society and Health Department physicians, staffs and administrations are pleased to be able to donate their time, expertise, and facilities to serve the community's children – and their parents. However, the volunteers unanimously caution, "Parents, please remember that athletic screening exams are just that. Screenings. Not complete physical check-ups. It is important for junior high and high school students to have their own primary care physician and to develop a relationship of mutual respect and trust with him or her. Moreover, if there are known health concerns, it is absolutely imperative that the young person's personal physician be on his/her sports health care team."