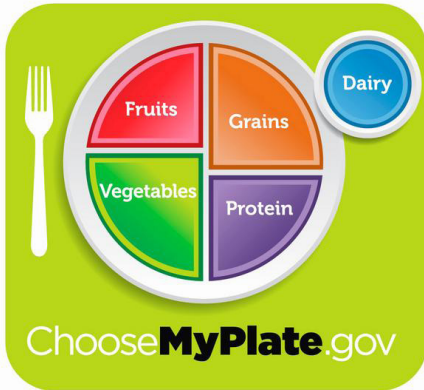




NEW HANOVER COUNTY SCHOOLS SCHOOL NUTRITION SERVICES 2017-2018

1802 S. 15th Street, Wilmington, NC 28401
www.nhcs.net
Phone: 910-254-4212

IMPORTANT NEWS – CHANGES TO FREE/ REDUCED MEAL APPLICATIONS AND SITES



NHCS Meals ARE a Healthy Choice

- 1) Meals must meet all Dietary Guidelines for Americans, North Carolina, Federal Regulations and State Board of Education Policy on Nutrition Standards.
- 2) Meals will contain the following when averaged over the week:
 - a. Less than 35% of calories from fat.
 - b. Less than 10% of calories from saturated fat.
 - c. No trans fats and sodium levels must meet USDA guidelines.
- 3) Food preparation must be limited to baking, roasting, broiling, boiling and steaming.
- 4) Two fruits/100% fruit juice will be offered daily at breakfast. A fruit must be selected with each complete breakfast meal.
- 5) Legumes will be offered at least one time per week.
- 6) Flavored skim milk and unflavored 1% or skim milk are available at breakfast and lunch.

Beginning with the 2014-2015 school year a new program went into effect. The name of the program is “Community Eligibility Provision” which will allow schools to offer nutritious meals at no cost to all students through the National School Lunch and School Breakfast Programs.

The following schools are identified as eligible:

Alderman Elementary	Johnson Pre-K Center
Bradley Creek Elementary	Lake Forest Academy
Career Readiness Academy	JC Roe Center
Castle Hayne Elementary	Mary C. Williams Elementary
College Park Elementary	NHHS
College Road Early Childhood Center (CRECC)	Rachel Freeman Elementary
D.C. Virgo Preparatory Academy	Snipes Academy
Forest Hills Global Elementary	Sunset Park Elementary
The International School at Gregory	Williston Middle
Howe Pre-K Center	Winter Park Elementary
	Wrightsboro Elementary

If your child attends one of the above mentioned schools, you do not have to complete a free/reduced meals application nor will one be sent home with your child. If your child transfers to another school, not mentioned above, you will need to complete an application. Applications are available at each school as well as on our website www.nhcs.net/nutrition

STUDENT CAFETERIA ACCOUNTS

In our cafeterias, it is important that we correctly identify all students who participate in the meal programs and properly record students receiving free, reduced or full-pay meals. The computer based system records all transactions by an assigned account number to monitor account balances. Additionally, the system is used to track prepaid accounts for those customers that pay in advance. If a student’s account balance becomes where they owe money, an automated phone call will go out to parents informing them of the balance due. If a student has a balance due, they will not be able to purchase extras (including milk). If you receive an automated call, please send the amount due to your child’s school, to the attention of the cafeteria manager to add to your child/children’s accounts. For more information, please visit our website at www.nhcs.net/nutrition. Thank you for the opportunity to serve your child.

Thank You,
Imer S. Smith, RD, LDN, Director of Child Nutrition

2017-2018 MEAL PRICES

Students	Breakfast		Lunch	
	Reduced	Paid	Reduced	Paid
Elementary	\$.00	\$ 1.35	\$.40	\$ 2.55
Middle	\$.00	\$ 1.35	\$.40	\$ 2.55
High	\$.00	\$ 1.35	\$.40	\$ 2.60
Pre-K	\$.00	\$ 1.35	\$.40	\$ 2.55
Adults	a la carte price		a la carte price	

One should eat to live, not live to eat"

~ Benjamin Franklin

SPECIAL DIETARY NEEDS

Special dietary needs are available for children who are handicapped or chronically ill with medical conditions that cause them to need food modifications or substitutions. Children with special dietary needs can participate in the school breakfast and lunch program. Requests must be accompanied by a complete diet order form. Please contact your school nurse or call 254-4296 for further assistance. Forms are available at: www.nhcs.net/nutrition.

NHCS Participates in Federal Programs Subsidized by the USDA

National School Breakfast Program

National School Lunch Program

Free and Reduced Price Meal Program

Applications are available at the schools and should be completed each school year. If you were free or reduced in the 2016-2017 school year, your benefits expire 30 days into the new school year. Do not delay...send your application in quickly for faster processing.

Community Eligibility Provision (CEP)

Seamless Summer Option for Children

After School/Daycare Feeding Program

USDA Food Distribution Program

Fresh Fruit & Vegetable Program

Non-Discrimination Statement

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov. This institution is an equal opportunity provider.



We accept checks with your:

Full Name
Street Address (No PO Box)
Home Phone # (w/ Area Code)
Secondary Phone # (w/ Area Code)
Driver's License # (w/ State)

PLEASE NOTE

If your check is dishonored by the bank, a service fee will be assessed in accordance to state law and federal guidelines. In providing a check as payment, you authorize electronic representation if your check should return unpaid. Also, you authorize service charges and processing fees, as determined by law, to be debited (at our option) from the same account via paper draft of electronic funds transfer.

www.EnvisionPayments.com / 877-290-5460

On-Line Payments

The Child Nutrition Department would like to introduce K12PaymentCenter.com to our customers. K12PaymentCenter.com is a third party vendor offering an alternative method for school meal account management. Two methods to sign up: Basic Account or Premium Account.

- You get quick and easy access to your child's meal account 24 hours a day, 7 days a week. *
- * You can obtain your student's ID# by contacting the school they attend.
- The ability to pay for multiple children's accounts with one single payment.
- Accepts Visa, MasterCard, American Express and Discover cards.
- The ability to look-up your child's account balance any time. **
- The ability to see 45 calendar days of purchases and payments. **
- Automated notification, via e-mail, when your child's account balance falls below an amount you have set. **

Go to <http://www.nhcs.net/nutrition> for more information or to access myschoolmoney.com
****Additional Fee**



"Health and success in school are interrelated. Schools cannot achieve their primary mission of education if students and staff are not healthy and fit physically, mentally and socially."

~National Association of State Boards of Education