


Lunch Menu for February 2018

New Hanover County Elementary & LFA

 American Heart Month		Lunch \$2.55 Adults: A la carte		Thursday, February 1	Friday, February 2
Monday, February 5	Tuesday, February 6	Wednesday, February 7	Thursday, February 8	Friday, February 9	
Chicken Nuggets w/ Rice & Gravy <u>Lasagna w/ Breadstick</u> Broccoli w/ Cheese & Garden Salad Diced Peaches & Fresh Fruit	<u>Chicken Tenders w/ Roll</u> Salisbury Steak w/ Biscuit Red Skinned Mashed Potatoes, California Vegetables & Garden Salad Mixed Fruit & Fresh Fruit	<u>Stuffed Crust Pizza</u> Fish Sticks w/ Hushpuppies Glazed Carrots & Garden Salad Frozen Fruit Cup & Fresh Fruit	<u>Nachos Grande</u> Grilled Chicken Sandwich Spicy Black Beans, Veggie Cup & Garden Salad Diced Peaches & Fresh Fruit	<u>Cheesy Breadsticks</u> Chicken Quesadilla w/ Spanish Rice Corn & Garden Salad Mixed Fruit & Fresh Fruit	
Monday, February 12	Tuesday, February 13	Wednesday, February 14	Thursday, February 15	Friday, February 16	
<u>Popcorn Chicken w/ Mac & Cheese</u> Meatball Hoagie Sweet Potato Waffle Fries & Garden Salad Diced Peaches & Fresh Fruit	Chicken Filet Sandwich <u>Beef Taco w/ Spanish Rice</u> BBQ Pinto Beans, Veggie Cup & Garden Salad Mixed Fruit & Fresh Fruit	<u>French Bread Pizza</u> Thai Sweet Chili Chicken w/ Rice Sweet Peas & Garden Salad Mandarin Oranges & Fresh Fruit	<u>Nachos Grande</u> Fish Nuggets <u>Cornbread Muffin</u> (served w/ both items) Carrot Sticks, Green Beans & Garden Salad Diced Peaches & Fresh Fruit	Cheesy Breadsticks <u>Hot Dog w/ Chili</u> Baked Beans & Garden Salad Mixed Fruit & Fresh Fruit	
Monday, February 19	Tuesday, February 20	Wednesday, February 21	Thursday, February 22	Friday, February 23	
<u>Chicken Nuggets w/ Rice & Gravy</u> Pork BBQ w/ Hushpuppies & Slaw Baked Potato & Garden Salad Diced Peaches & Fresh Fruit	Chicken Tenders <u>Spaghetti & Meatballs Roll</u> (served w/ both items) Veggie Sticks, California Vegetables & Garden Salad Mixed Fruit & Fresh Fruit	Stuffed Crust Pizza <u>Egg Rolls</u> Broccoli & Garden Salad Frozen Fruit Cup & Fresh Fruit	Cheeseburger <u>Tangerine Chicken w/ Rice</u> Glazed Carrots, French Fries & Garden Salad Mandarin Oranges & Fresh	Corn Dog Nuggets <u>Beef-a-roni w/ Breadstick</u> Black Eyed Peas & Garden Salad Mixed Fruit & Fresh Fruit Half Day-Trad, YRE & LFA	
Monday, February 26	Tuesday, February 27	Wednesday, February 28	Lake Forest Academy Entree *All other schools get both choices. Garden salad, Fresh and Canned Fruit, and a variety of Milk are served daily		
<u>Popcorn Chicken w/ Mac & Cheese</u> Grilled Cheese Vegetable Soup & Garden Salad Diced Peaches & Fresh Fruit	<u>Chicken Filet Sandwich</u> Baked Spaghetti w/ Breadstick Lima Beans, Roasted Potatoes & Garden Salad Mixed Fruit & Fresh Fruit	<u>French Bread Pizza</u> Fish Filet Sandwich Creamy Pasta Salad Sweet Potato Waffle Fries & Garden Salad Diced Pears & Fresh Fruit			

February

- American Heart Month
- National Cherry Month
- National Grapefruit Month
- National Sweet Potato Month



Developed by School Nutrition Services, N.C. Department of Public Instruction. USDA is an equal opportunity provider and employer. 11/16 <http://childnutrition.ncpublicschools.gov>

USDA is an equal opportunity provider and employer.

Menu subject to change depending upon availability

A variety of unflavored and flavored skim and 1% unflavored milks are served daily.