


Lunch Menu for February 2018

New Hanover County Middle Schools

				Thursday, February 1	Friday, February 2
 <p>American Heart Month</p>		<p>Lunch \$2.55 Adults: A la carte</p>		<p>Nachos Grande w/ Cornbread Muffin Grilled Chicken Sandwich Corn Dog Nuggets Seasoned Black Beans, Veggie Cup & Garden Salad Diced Peaches & Fresh Fruit</p>	<p>Cheesy Breadsticks Chicken Quesadilla w/ Spanish Rice Bacon Cheeseburger Corn & Garden Salad Mixed Fruit & Fresh Fruit</p>
Monday, February 5	Tuesday, February 6	Wednesday, February 7	Thursday, February 8	Friday, February 9	
<p>Chicken Nuggets w/ Roll Lasagna w/ Breadstick Beef Enchilada w/ Spanish Rice Broccoli w/ Cheese & Garden Salad Diced Peaches & Fresh Fruit</p>	<p>Chicken Tenders w/ Roll Salisbury Steak w/ Biscuit Turkey & Cheese Wrap Red Skinned Mashed Potatoes, Veggie Sticks & Garden Salad Mixed Fruit & Fresh Fruit</p>	<p>Stuffed Crust Pizza Fish Sticks w/ Hushpuppies Pork BBQ Sandwich Glazed Carrots & Garden Salad Frozen Fruit Cup & Fresh Fruit</p>	<p>Cheeseburger Chicken Pot Pie Buffalo Chicken Pizza Great Northern Beans, Tater tots & Garden Salad Diced Peaches & Fresh Fruit</p>	<p>Corn Dog Nuggets Pork Chop Sandwich Deluxe Chicken Sandwich NC Sweet Potato & Garden Salad Mixed Fruit & Fresh Fruit</p>	
Monday, February 12	Tuesday, February 13	Wednesday, February 14	Thursday, February 15	Friday, February 16	
<p>Popcorn Chicken w/ Mac & Cheese Meatball Hoagie Teriyaki Chicken w/ Rice Sweet Potato Waffle Fries & Garden Salad Diced Peaches & Fresh Fruit</p>	<p>Chicken Filet Sandwich Beef Taco w/ Spanish Rice Corn Dog Nuggets BBQ Pinto Beans, Veggie Cup & Garden Salad Mixed Fruit & Fresh Fruit</p>	<p>French Bread Pizza Thai Sweet Chili Chicken w/ Rice Pork chop Sandwich Sweet Peas & Garden Salad Mandarin Oranges & Fresh Fruit</p>	<p>Nachos Grande Fish Nuggets Southwest Stuffed Baked Potato Cornbread Muffin (served w/ all main entrees) Carrot Sticks, Green Beans & Garden Salad Diced Peaches & Fresh Fruit</p>	<p>Cheesy Breadsticks Hot Dog w/ Chili Bacon Cheeseburger Baked Beans & Garden Salad Mixed Fruit & Fresh Fruit</p>	
Monday, February 19	Tuesday, February 20	Wednesday, February 21	Thursday, February 22	Friday, February 23	
<p>Chicken Nuggets w/ Rice & Gravy Pork BBQ w/ Hushpuppies, Roll & Cole Slaw Chicken Filet Sandwich Baked Potato & Garden Salad Diced Peaches & Fresh Fruit</p>	<p>Chicken Tenders w/ Roll Spaghetti & Meatballs w/ Roll Turkey & Cheese Wrap Veggie Sticks, California Vegetables & Garden Salad Mixed Fruit & Fresh Fruit</p>	<p>Stuffed Crust Pizza Egg Rolls Chicken Club Sandwich Broccoli & Garden Salad Frozen Fruit Cup & Fresh Fruit</p>	<p>Cheeseburger Tangerine Chicken w/ Rice Buffalo Chicken Pizza Glazed Carrots, French Fries & Garden Salad Mandarin Oranges & Fresh Fruit</p>	<p>Corn Dog Nuggets Beef-a-roni w/ Breadstick Deluxe Chicken Sandwich Black Eyed Peas, & Garden Salad Mixed Fruit & Fresh Fruit</p>	
Monday, February 26	Tuesday, February 27	Wednesday, February 28	<p>In addition to the menu'd items a PB&J combo and Chef Salad will be available daily</p>		
<p>Popcorn Chicken w/ Mac & Cheese Grilled Cheese Teriyaki Chicken w/ Rice Vegetable Soup & Garden Salad Diced Peaches & Fresh Fruit</p>	<p>Chicken Filet Sandwich Baked Spaghetti w/ Breadstick Hot Dog w/ Chili Lima Beans, Roasted Potatoes, & Garden Salad Mixed Fruit & Fresh Fruit</p>	<p>French Bread Pizza Fish Filet Sandwich BBQ Chicken w/ Rice Creamy Pasta Salad Sweet Potato Waffle Fries & Garden Salad Diced Pears & Fresh Fruit</p>	<p>A variety of unflavored and flavored skim and 1% unflavored milks are served daily.</p>		

February

- American Heart Month
- National Cherry Month
- National Grapefruit Month
- National Sweet Potato Month

Menu subject to change depending upon availability



Developed by School Nutrition Services, N.C. Department of Public Instruction.
USDA is an equal opportunity provider and employer. 11/16
<http://childnutrition.ncpublicschools.gov>

USDA is an equal opportunity provider and employer.