

Lunch Menu for January 2018

New Hanover County Elementary & LFA

Monday, January 1	Tuesday, January 2	Wednesday, January 3	Thursday, January 4	Friday, January 5
	Chicken Filet Sandwich Baked Spaghetti w/ Breadstick Lima Beans, Sweet Potato Waffle Fries & Garden Salad Mixed Fruit & Fresh Fruit	French Bread Pizza Fish Filet Sandwich Creamy Pasta Salad Roasted Potatoes & Garden Salad Diced Pears & Fresh Fruit	Nachos Grande Grilled Chicken Sandwich Spicy Black Beans, Veggie Cup & Garden Salad Diced Peaches & Fresh Fruit	Cheesy Breadsticks Chicken Quesadilla w/ Spanish Rice Corn & Garden Salad Mixed Fruit & Fresh Fruit
Monday, January 8	Tuesday, January 9	Wednesday, January 10	Thursday, January 11	Friday, January 12
Chicken Nuggets w/ Rice & Gravy Lasagna w/ Breadstick Broccoli w/ Cheese & Garden Salad Diced Peaches & Fresh Fruit	Chicken Tenders w/ Roll Salisbury Steak w/ Biscuit Red Skinned Mashed Potatoes, California Vegetables & Garden Salad Mixed Fruit & Fresh Fruit	Stuffed Crust Pizza Fish Sticks w/ Hushpuppies Glazed Carrots & Garden Salad Frozen Fruit Cup & Fresh Fruit	Cheeseburger Chicken Pot Pie Great Northern Beans, Tater tots & Garden Salad Diced Peaches & Fresh Fruit	Corn Dog Nuggets Pork Chop Sandwich NC Sweet Potato & Garden Salad Mixed Fruit & Fresh Fruit
Monday, January 15	Tuesday, January 16	Wednesday, January 17	Thursday, January 18	Friday, January 19
	Chicken Filet Sandwich Beef Taco w/ Spanish Rice BBQ Pinto Beans, Veggie Cup & Garden Salad Mixed Fruit & Fresh Fruit	French Bread Pizza Thai Sweet Chili Chicken w/ Rice Sweet Peas & Garden Salad Mandarin Oranges & Fresh Fruit	Nachos Grande Fish Nuggets Cornbread Muffin (served w/ both items) Carrot Sticks, Green Beans & Garden Salad Diced Peaches & Fresh Fruit	Cheesy Breadsticks Hot Dog w/ Chili Baked Beans & Garden Salad Mixed Fruit & Fresh Fruit
Monday, January 22	Tuesday, January 23	Wednesday, January 24	Thursday, January 25	Friday, January 26
Chicken Nuggets w/ Rice & Gravy Pork BBQ w/ Hushpuppies & Slaw Baked Potato & Garden Salad Diced Peaches & Fresh Fruit	Chicken Tenders Spaghetti & Meatballs Roll (served w/ both items) Veggie Sticks, California Vegetables & Garden Salad Mixed Fruit & Fresh Fruit	Stuffed Crust Pizza Egg Rolls Broccoli & Garden Salad Frozen Fruit Cup & Fresh Fruit	Cheeseburger Tangerine Chicken w/ Rice Glazed Carrots, French Fries & Garden Salad Mandarin Oranges & Fresh Fruit	Corn Dog Nuggets Beef-a-roni w/ Breadstick Black Eyed Peas & Garden Salad Mixed Fruit & Fresh Fruit
Monday, January 29	Tuesday, January 30	Wednesday, January 31	Lake Forest Academy Entree *All other schools get both choices. Garden salad, Fresh and Canned Fruit, and a variety of Milk are Lunch \$2.55 Adults: A la carte	A variety of unflavored and flavored skim and 1% unflavored milks are served daily.
Popcorn Chicken w/ Mac & Cheese Grilled Cheese Vegetable Soup & Garden Salad Diced Peaches & Fresh Fruit	Chicken Filet Sandwich Baked Spaghetti w/ Breadstick Lima Beans, Roasted Potatoes & Garden Salad Mixed Fruit & Fresh Fruit	French Bread Pizza Fish Filet Sandwich Creamy Pasta Salad Sweet Potato Waffle Fries & Garden Salad Diced Pears & Fresh Fruit		

January

- Family Fit Lifestyle Month
- National Oatmeal Month
- National Soup Month
- National Bean Day (January 6)



Developed by School Nutrition Services, N.C. Department of Public Instruction.
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Menu subject to change depending upon availability