New Hanover County Schools

Recipe Attributes List

Aug 9, 2017

Rec. #	Description	Reduced Fat	Low Sodium	High Fiber	Whole Grain	Reduced Sugar	Commodity Proc.	USDA	Gluten Free	Red Dye	party/catered	a la carte only	pork products	peanut products			
000061	Apple Slices, bag								YES								
001388	Apple, Fresh, Cut								YES								
000064	Apple, Fresh, Whole								YES								
001267	Apples w/ Grapes, bag								YES								
001111	Apples, Spiced								YES								
001102	Applesauce								YES								
000599	Applesauce Cup								YES								
001459	Applesauce Cup, Strawberry								YES								
001366	Bacon, Turkey								YES								
900000	Bacon, Turkey, 2 ea								YES								
000546	Baked Beans								YES								
001374	Baked Beans, Cold								YES								
000044	Baked Potato								YES								
000068	Banana								YES								
001023	Barbeque Sauce, PC								YES								
001260	BBQ Chicken Salad Shaker				YES				YES								
001016	BBQ Chicken, boneless								YES								
001306	BBQ Chicken, Roasted, 4pc								YES								
001264	BBQ Chix Salad Shaker-no rice								YES								
000884	BBQ Pinto Beans								YES								
001394	BBQ pork, vinegar								YES				YES				
000423	Beans, Great Northern								YES								
000187	Beans, Lima								YES								
001462	Beef Patty								YES								
001434	Beets, Matchsticks, bag								YES								
001433	Beets, Matchsticks, fresh						YES		YES								
000908	Black Bean & Corn Salad								YES								
000530	Black Beans								YES								
001003	Black Beans, spicy								YES								
000254	Black-Eyed Peas								YES								
000772	Blueberries								YES								
000258	Broccoli								YES								
001265	Broccoli florets, bag								YES								
001133	Broccoli w/ Cheese Sauce								YES								
000834	Broccoli, raw								YES								
000475	Brown Rice				YES				YES								
001190	Brown Rice, 1 cup				YES				YES								
000259	Cabbage, Boiled								YES								
000989	California Blend Vegetables								YES								
000934	Cantaloupe, diced								YES								
001276	Cantaloupe, diced, bag								YES								
000905	Carolina Caviar								YES								
001321	Carrot Sticks								YES								
000022	Carrot Sticks, bag								YES								

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000260	Carrots, Canned								YES								
000880	Carrots, frozen								YES								
000330	Carrots, glazed, canned								YES								
000881	Carrots, glazed, frozen								YES								
001268	Cauliflower florets, bag								YES								
001402	Cauliflower, Carnvial								YES								
001212	Cauliflower, fresh								YES								
000267	Celery Sticks								YES								
001271	Celery sticks, bag								YES								
001412	Cereal, Cheerios				YES				YES								
001450	Cereal, Chex								YES								
001449	Cereal, Trix				YES				YES								
000907	Cheese Cubes, Cheddar								YES								
000575	Cheese Cup, Cheddar								YES								
000595	Cheese Stick, Mozzarella								YES								
900035	Cheese, Cheddar, Shredded								YES								
900002	Cheese, Mozzarella, Shredded								YES								
001437	Chef Salad, Grilled Chix								YES								
000822	Chef Salad, Grilled Chix-Cart								YES								
000485	Chef Salad, Ham & Cheese				YES				YES								
001439	Chef Salad, Turkey & Cheese								YES								
000483	Chef Salad, Turkey-Cart								YES								
000728	Chick Pea Salad								YES								
001195	Chick Peas, cold								YES								
000727	Chick Peas, Crunchy Roasted								YES								
001004	Chicken & Pineapple Rice Bowl				YES				YES								
000895	Chicken Breast, Grilled								YES								
000441	Chicken Salad-test								YES								
000764	Chicken, Italian								YES								
001305	Chicken, Roasted, 4pc								YES								
001463	Chicken, Teriyaki								YES								
000119	Chips, Baked, Original								YES			YES					
000959	Chips, Cheetos Flamin Hot Puff				YES				YES	YES							
001385	Chips, Cheetos, Crunchy								YES								
000698	Chips, Doritos, Nacho Cheese				YES				YES	YES							
000397	Chips, Doritos, Ranch				YES				YES	YES							
000193	Chips, Fantastix				YES				YES								
000741	Chips, Tortilla Scoops				YES				YES								
000838	Cocktail Sauce								YES								
000468	Cole Slaw								YES								
001416	Collard Greens, fresh								YES								
001320	Collards, Fresh, Sauteed								YES								
000270	Corn, Canned								YES								
000976	Cucumber Slices								YES								

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000749	Dressing, Honey Mustard								YES								
000973	Dressing, Italian				YES				YES								
000709	Dressing, Ranch								YES								
001397	French Fries, Cart								YES								
000702	French Fries, Crinkle Cut								YES								
001354	Fried Rice #10 scp				YES				YES								
001368	Fried Rice 2-#10 scp				YES				YES								
000806	Frozen Fruit Cup, Variety								YES								
001281	Fruit Salad, Fresh								YES								
000526	Fruit Snacks, scooby doo								YES								
000679	Garden Salad								YES								
001373	Garden Salad, 1/2 cup								YES								
001245	Garden Salad, Rom/Ice, 1/2 cup								YES								
000890	Garden Salad-Romaine/Iceburg								YES								
000132	Go-Gurt								YES				YES				
000839	Grapefruit Half								YES								
000422	Grapes, Fresh								YES								
001275	Grapes, red, bag								YES								
001154	Gravy, Chicken								YES								
000424	Green Beans, canned								YES								
000685	Green Eggs and Ham								YES								
000891	Green Pepper Strips								YES								
001273	Green Pepper Strips, bag								YES								
000331	Grits								YES								
000524	Grits, cheesy								YES								
001277	Honeydew chunks, bag								YES								
000844	Hot Sauce								YES								
000887	Hummus								YES								
001299	Hummus w/ Pretzels								YES								
001300	Hummus w/ tortilla chip								YES								
000828	Ice Cream, Cotton Candy								YES	YES							
001391	Ice Cream, Orange Blossom								YES								
000829	Ice Cream, Polar Blast								YES	YES							
001519	Ice Cream, Tropi-Kool Fruit								YES								
000633	Ice Cream, Vanilla Yogurt Cup								YES								
001379	Infused Water								YES								
000345	Jelly, grape								YES								
001266	Jicama Sticks, bag								YES								
001227	Jicama Sticks, roasted								YES								
000730	Juice, Apple, 4 fl oz								YES								
000513	Juice, Apple, 6.75 oz								YES								
000516	Juice, Fruit Punch, 6.75 oz								YES								
000670	Juice, Grape, 4 fl oz								YES								
000514	Juice, Grape, 6.75 oz								YES								

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000671	Juice, Orange, 4 fl oz								YES								
000874	Kale chips								YES								
001191	Kale Salad								YES								
001440	Kale Salad, Sweet								YES								
000600	Ketchup, PC								YES								
001464	Kiwi								YES								
000380	Lettuce and Tomato								YES								
000034	Lettuce, Tomato & Pickle								YES								
001386	Mandarin Oranges, canned								YES								
000843	Mango, cut								YES								
000815	Margarine w/ Cinnamon & Sugar								YES			YES					
001169	Margarine, PC								YES								
000982	Marinara Dipping Sauce								YES								
000016	Mashed Potatoes, Flakes								YES								
001231	Mashed Potatoes, fresh								YES								
000180	Mayo, PC								YES								
001461	Meatballs								YES								
001288	Med Salad Shaker w/ dressing								YES								
001262	Med. Salad Shaker-w/ rice								YES								
001261	Mediterranean Salad Shaker				YES				YES								
000725	Milk, 1%								YES								
000724	Milk, Chocolate Skim								YES								
000522	Milk, Lactose Free, 8 fl oz								YES								
000722	Milk, Skim								YES								
001330	Milk, Soy								YES								
000832	Milk, Strawberry Skim								YES								
000419	Mixed Fruit, Canned								YES								
001246	Mixed Fruit, fresh								YES								
000799	Mixed Vegetables, Frozen								YES								
000930	Mixed Vegetables, Mexican								YES								
001430	Mtn Dew Kickstart-Pine, Or, Ma								YES								
001431	Mtn Dew Kickstart-Straw Kiwi								YES								
000223	Mustard, PC								YES								
000704	Nachos Grande w/ Cheese Cup				YES				YES								
000787	Nachos Grande w/Cheese Sauce				YES				YES								
000682	Nachos w/ Cheese Cup								YES								
001465	Naked Juice, Berry Blast								YES								
000083	Nectarine, Fresh								YES								
001407	North African Gumbo								YES								
000921	Olive Oil								YES								
000279	Onion, Raw								YES								
001387	Orange, Fresh, Cut								YES								
000086	Orange, Fresh, Whole								YES								
000726	Oriental Blend Vegetables								YES								

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001420	Papaya, fresh								YES								
000319	Parsley Potatoes								YES								
001118	Peach Cups, Frozen								YES								
000088	Peach, Fresh								YES								
000437	Peaches, canned								YES								
001467	Peanut Butter Cup								YES					YES			
001328	Pear halves, canned								YES								
000438	Pears, canned								YES								
000090	Pears, Fresh, Whole								YES								
000040	Peas, canned								YES								
000870	Peas, frozen								YES								
000916	Peppers & Onions								YES								
001418	Pickles, homemade-do not use								YES								
001419	Pico de Gallo								YES								
001269	Pineapple chunks, bag								YES								
000092	Pineapple, canned								YES								
000007	Pinto Beans								YES								
000094	Plums, Fresh, Whole								YES								
000833	Potato Salad, canned								YES								
001425	Potato Salad, red pot, fresh								YES								
000136	Potato Smiles								YES								
000190	Potatoes, canned								YES								
001417	Potatoes, Herb Roasted								YES								
001248	Potatoes, Roasted								YES								
000872	Pudding Cup, Chocolate								YES								
000871	Pudding Cup, Vanilla								YES								
001080	Pudding, Chocolate w/ Topping								YES								
001274	Radish slices, bag								YES								
000097	Raisins, box								YES								
001280	Red Pepper Strips, bag								YES								
000760	Refried Beans								YES								
000893	Remoulade Sauce								YES								
000621	Rice Krispie Treat								YES			YES	YES				
000977	Rice Krispie Treat, Mini								YES			YES	YES				
000938	Romaine Salad								YES								
001112	Salsa, canned								YES								
000778	Sausage Patty, Breakfast								YES								
001421	Smoothie, Grape (Purple Daze)								YES				YES				
001378	Smoothie, Orange-Apple								YES				YES				
001270	Snow Peas, bag								YES								
001141	Sour Cream, PC								YES								
001414	Southwest Stuffed Baked Potato								YES								
001189	Spanish Rice				YES				YES								
001395	Spinach Salad								YES								

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001396	Spinach, steamed								YES								
001249	Spring Mix, Mesclun								YES								
000769	Stewed Tomatoes								YES								
000099	Strawberries, Fresh, Cut								YES								
001389	Strawberries, Fresh, Whole								YES								
000019	Strawberry cup, frozen								YES								
001432	Strawberry/Blueberry Cup								YES								
000720	Succotash								YES								
000909	Sweet Potato Salad, canned								YES								
000978	Sweet Potato Waffle Fries								YES								
001318	Sweet Potato Wedges-test								YES								
000056	Sweet Potato, Baked								YES								
000900	Sweet Potatoes, glazed								YES								
001211	Swiss Chard, Sauteed								YES								
000924	Switch, Apple								YES			YES					
000922	Switch, Black Cherry								YES			YES					
000923	Switch, Fruit Punch								YES			YES					
001314	Switch, Kiwi Berry								YES								
000349	Syrup, Pancake, PC								YES								
001186	Taco Meat, #10 scoop								YES								
001185	Taco Meat, #20 scoop								YES								
000100	Tangerine, fresh, whole								YES								
000864	Tater Tots								YES								
000857	Tomato & Cucumber Salad								YES								
000835	Tomatoes, cherry								YES								
001272	Tomatoes, grape, bag								YES								
001322	Turkey & Cheese Roll Up								YES								
001325	Turkey Ham & Cheese Roll Up								YES								
001324	Turkey Ham Roll Up								YES								
001323	Turkey Roll Up								YES								
001196	Turkey Slices, Hot								YES								
001403	Turkey Steak w/ Gravy								YES								
001405	Vegetable Cup								YES								
000750	Vegetable Soup								YES								
000942	Veggie Sticks								YES								
000101	Watermelon, chunks								YES								
001279	Yellow Squash Slices, bag								YES								
001149	Yogurt Cup, Strawberry								YES				YES				
001454	Yogurt Cup, Strawberry-Ban								YES				YES				
001219	Yogurt w/ Blueberries								YES				YES				
001428	Yogurt w/ Blueberries & Straw								YES				YES				
001218	Yogurt w/ Strawberries								YES				YES				
001326	Yogurt, bulk								YES				YES				
001339	Yogurt, high protein, variety								YES								

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001429	Yogurt, Straw w/ Blue & Straw								YES				YES				
001278	Zucchini slices, bag								YES								